## **Key Stage Two**

## P.E. Long Term Plan

## 2023-2024

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
LKS2 Cycle A	Rounders Striking & Fielding (Follow Year 3 planning)	<b>Dodgeball</b> Attack/Defense (Follow Year 4 planning)	Gymnastics Unit 2 Apparatus (Follow Year 3 planning)	Rounders Striking & Fielding (Follow Year 4 planning)	Gymnastics Unit 2 Apparatus (Follow Year 4 planning)	Athletics
	Basketball Invasion Games (Follow Year 4 planning)	Yoga (Follow Year 3 planning)	Yoga (Follow Year 4 planning)	Volleyball Attack/Defense (Follow Year 4 planning)	Cricket Striking & Fielding (Follow Year 4 planning)	Outdoor & Adventurous (OAA)
LKS2 Cycle B	Football Invasion Games (Follow Year 4 planning)	<b>Gymnastics</b> Unit 1 Floor (Follow Year 3 planning)	Dance Unit 1 (Follow Year 3 planning)	<b>Gymnastics</b> Unit 1 Floor (Follow Year 4 planning)	Netball Invasion Games (Follow Year 4 planning)	Athletics
	<b>Tennis</b> Striking Games (Follow Year 4 planning)	Hockey Invasion Games (Follow Year 3 planning)	Health & Fitness (Follow Year 4 planning)	<b>Dance</b> Unit 1 (Follow Year 4 planning)	Hockey Invasion Games (Follow Year 4 planning)	Outdoor & Adventurous (OAA)
UKS2 Cycle A	Basketball Invasion Games (Follow Year 6 planning) Tag Rugby Invasion games (Follow Year 5 planning)	Gymnastics Unit 1 Floor (Follow Year 5 planning)  Dodgeball  Attack/Defense (Follow Year 6 planning)	Yoga (Follow Year 5 planning)  Volleyball Attack/Defense (Follow Year 6 planning)	Gymnastics Unit 1 Floor (Follow Year 6 planning)  Yoga (Follow Year 6 planning)	Tag Rugby Invasion Games (Follow Year 6 planning) Cricket (Follow Year 6 planning) /Swimming	Athletics Swimming/Outdoor & Adventurous (OAA)
UKS2 Cycle B	Football Invasion games (Follow Year 5 planning)	<b>Gymnastics</b> Unit 2 Apparatus (Follow Year 5 planning)	Dance Unit 1 (Follow Year 5 planning)	Gymnastics Unit 2 Apparatus (Follow Year 6 planning)	Football Invasion Games (Follow Year 6 planning)	Athletics
	<b>Tennis</b> Striking Games (Follow Year 6 planning)	Netball Invasion Games (Follow Year 6 planning)	Hockey Invasion Games (Follow Year 6 planning)	<b>Dance</b> Unit 1 (Follow Year 6 planning)	Cricket (Follow Year 6 planning) /Swimming	Swimming/Outdoor & Adventurous (OAA)

All of the plans for each unit are on the website your-pe.co.uk

Can the hall accommodate the PE especially over the winter months?

The units that are once in LKS2 and once in UKS2, which year planning do you use?